Director (Coordination)

New Government Medical Colleges, Nursing Colleges & Paramedical Colleges, J&K

Jammu Office: Legislative Council, Civil Secretariat, Jammu.

E-mail: direcord.newpmes@gmail.com; www.newpmesjnk.in

Director.

SKIMS Soura Srinagar

Principal/Dean,

Government Medical College, Srinagar/Jammu.

Principal.

Government Medical College, Anantnag/Baramulla/Doda/Rajouri/ Kathua.

Director Health Services.

Jammu/Kashmir

No. DIR (Coord.)/Jmu/2020/707-90

Dated: 18-03-2020

Sub: Implementation of advisory/guidelines for containment of Corona Virusregd.

Ref: D.O Letters from:

- Secretary, Health & Medical Education Department, MoH&FW, GOI No. Z-21020/14/2020-PH, dated 16.03.2020 & No.Z.28015/19/2020-EMR dated 13.03.2020.
- Deputy Secretary to the Govt. of India, Ministry of Youth Affairs and ii) Sports Department of Sports No. nil dated 12th March, 2020.

Madam(s)/Sir(s),

Your attention is invited towards the communications received from Ms. Preeti Sudan, IAS. Secretary, Health & Family Welfare Department, Ministry of Health & Family Welfare, Gol and Sh. S.P.S Tomar, Deputy Secretary to the Government of India, Ministry of Youth Affairs and Sports, Department of Sports, the contents of which are self- explanatory. Copies of the communications are enclosed with this letter.

I am directed to forward the same to you for favour of information and further necessary action at your end.

Matter may kindly be treated as Most Urgent.

Enclosure: As stated above (08 pages).

Yours faithfully,

Dr. Yashpal Sharma Director (Coordination)

Copy for information to the:-

1. Financial Commissioner, Health & Medical Education Department, Civil Secretariat, Jammu.

2. Mission Director, NHM J&K Jammu/In charge Corona Virus Control efforts, J&K.

Office record file.



प्रात सदन, आईएएस

PREETI SUDAN, IAS

Secretary



भारत सरकार स्वास्थ्य एवं परिवार कल्याण विभाग स्वास्थ्य एवं परिवार कल्याण मंत्रालय Government of India Department of Health and Family Welfare Ministry of Health and Family Welfare

D.O.No.Z-21020/14/2020-PH 16-3-2020

Dear Colleagues,

This has reference to my previous communications to you with regard to dealing with the nCoronavirus/Covid-19 challenge.

A number of measures have been taken both by Govt of India and by the States to contain Covid-19. These include dissemination of Do's & Don'ts, guidelines on wearing of masks, action on various travel advisories, implementation of protocols on surveillance, prevention of hospital infection, discharge policy, clinical management, etc.

Detailed consultation with public health experts have suggested to focus on social distancing measures as a preventive strategy to prevent and contain transmission of this disease. It was brought out that implementation of social distancing measures would have a major impact in limiting the spread and will also provide us with time to strengthen our response framework.

Accordingly, advisory/guidelines are drawn up for further action. While implementing these measures, it is important to educate the community so as to ensure their cooperation and avoid any panic. It is reiterated that these are preventive measures so as to lessen the impact of COVID-19 in the country and are temporary.

I take this opportunity to thank you and your team for the tremendous hard work that you are putting in to keep our country safe.

The advisory is enclosed for further action.

Chief Secretaries of all States/UTs

CC to ACS/Pr.Secy.(H)/Secy.(H) of all States/UTs

Encl.: as above

Room No. 156, A-Wing, Nirman Bhawan, New Delhi-110 011 Tele: (O) 011-23061863, 23063221, Fax: 011-23061252, E-mail: secyhfw@nic.in

Advisory on Social Distancing Measure in view of spread of COVID-19 disease

Social distancing is a non-pharmaceutical infection prevention and control intervention implemented to avoid/decrease contact between those who are infected with a disease causing pathogen and those who are not, so as to stop or slow down the rate and extent of disease transmission in a community. This eventually leads to decrease in spread, morbidity and mortality due to the disease.

In addition to the proposed interventions, the State/UT Governments may prescribe such other measures as they consider necessary.

All these proposed interventions shall be in force till 31st of March, 2020. They will be reviewed as per the evolving situation.

The following interventions are proposed:

- Closure of all educational establishments (schools, universities etc), gyms, museums, cultural and social centres, swimming pools and theatres. Students should be advised to stay at home. Online education to be promoted.
- Possibility of postponing exams may be explored. Ongoing exams to be conducted only after ensuring physical distance of one meter amongst students.
- 3. Encourage private sector organizations/employers to allow employees to work from home wherever feasible.
- 4. Meetings, as far as feasible, shall be done through video conferences. Minimize or reschedule meetings involving large number of people unless necessary.
- Restaurants to ensure handwashing protocol and proper cleanliness of frequently touched surfaces. Ensure physical distancing (minimum 1metre) between tables; encourage open air seating where practical with adequate distancing.
- Keep already planned weddings to a limited gathering, postpone all non-essential social and cultural gatherings.
- Local authorities to have a dialogue with organizers of sporting events and competitions
 involving large gatherings and they may be advised to postpone such events.
- 8. Local authorities to have a dialogue with opinion leaders and religious leaders to regulate mass gatherings and should ensure no overcrowding/at least one metre distance between people.

- 9. Local authorities to have meeting with traders associations and other stakeholders to regulate hours, exhibit Do's and Don'ts and take up a communication drive in market places like sabzi mandi, anaj mandi, bus depots, railway stations, post-offices etc., where essential services are provided.
- 10. All commercial activities must keep a distance of one meter between customers.
 Measures to reduce peak hour crowding in markets.
- 11. Non-essential travel should be avoided. Buses, Trains and aeroplanes to maximize social distancing in public transport besides ensuring regular and proper disinfection of surfaces.
- 12. Hospitals to follow necessary protocol related with COVID-19 management as prescribed and restrict family/friends/children visiting patients in hospitals.
- 13. Hygiene and physical distancing has to be maintained. Shaking hands and hugging as a matter of greeting to be avoided.
- 14. Special protective measures for delivery men/ women working in online ordering services.
- 15. Keep communities informed consistently and constantly.

Ministry of Health & Family Welfare



प्रीति सूदन, आईएएस PREETI SUDAN, IAS Secretary

भारत सरकार स्वास्थ्य एवं परिवार कल्याण विभाग स्वास्थ्य एवं परिवार कल्याण मंत्रालय Government of India Department of Health and Family Welfare Ministry of Health and Family Welfare

D.O.No. Z.28015/19/2020-EMR Dated: 13th March, 2020

Dear Colleague,

Let me place on record my appreciation for the great work done by all the states in limiting the spread of COVID-19. Without your support it would not have been possible. Continued and constant vigil is important.

- As part of our management efforts, there is a need to impose certain 2. social distancing measures such as quarantine of exposed healthy individuals who could be potential patients or isolation of those with symptoms. Such measures require great degree of persuasive communication. The persons to be quarantined or isolated need to volunteer for such measures in greater interest of the nation.
- There might however be cases where, in larger community interest we may have to issue instructions to non-cooperative individuals. In this context it is highlighted that legal provisions to support States in there endeavor to manage infectious diseases exist. These include Epidemic Act of 1897, Disaster Management Act and various other provisions under IPC and Criminal Procedure Code etc.
- As states get empowered under the Epidemic Disease Act and other 4. provisions, in our public narrative and press briefings, we have to make it very clear that there is no epidemic of COVID-19 in the country. All such actions are primarily legal empowerment for the preventive action that requires to be taken.

The same may kindly be noted.

Yours sincerely

Chief Secretaries of all States / UTs

Copy to: Addl.CS / Prl.Sec / Secretary (Health) of all States / UTs

Room No. 156, A-Wing, Nirman Bhawan, New Delhi-110 011

Tele: (O) 011-23061863, 23063221, Fax: 011-23061252, E-mail: secyhfw@nic.in

No. 12-1/2020-SP,III Government of India Ministry of Youth Affairs & Sports Department of Sports

Shastri Bhawan, New Delhi 12th March 2020

To

1. President/Secretary General of IOA

2. Presidents/Secretary Generals of NSFs (recognized)/suspended/de-recognized/all sports bodies (recognized/unrecognized)

President/Secretary, BCCI

Subject: Outbreak of Novel Corona Virus (COVID-19)

Sir / Madam,

To deal with the Novel Corona Virus (COVID-19), the Ministry of Health & Family Welfare has issued advisories and advised the State Governments to take appropriate action under the Epidemic Diseases Act, 1897.

- A copy of letter dated 11.3.2020 issued by Bureau of Immigration regarding VISA 2. restrictions related to COVID-19 is enclosed.
- You are advised to adhere to the advisories issued by the Ministry of Health & Family 3. Welfare and ensure that no public gathering takes place in any sporting event. In the event the sporting event cannot be avoided, the same could be done without allowing gathering of people, including spectators.

Yours faithfully.

(S.P.S. Tomar)

Deputy Secretary to the Govt. of India

Tel. No. 011-23383336

Copy to:

- Chief Secretaries of all the States/UTs for ensuring compliance.
- Secretaries of Sports Departments of all the States / UTs

Copy for information to:

- Secretary (Coord), Cabinet Secretariat (i)
- Secretary, Ministry of Health & Family Welfare (ii)
- Director General, Sports Authority of India (iii)

Dinesh Adhikari Deputy Director



No.1/Comm/Bol/2020- 81 BUREAU OF IMMIGRATION (Ministry of Home Affairs) Government of India

New Delhi, the March 11, 2020

Subject: Visa restrictions related to COVID-19

Following instructions have been issued by Bol in pursuance of the meeting of GOM on March 11, 2020.

- In supersession of all earlier advisories issued on this subject, the following visa restrictions are issued for implementation.
- i. All existing visas issued to nationals of any country except those issued to Diplomats, Officials, UN / International organizations, Employment, Project visas stand suspended till April 15, 2020. This will come into effect from 1200 GMT on March 13, 2020 at the port of departure of any foreigner for onward journey to India.
- ii. Visas of all foreigners already in India remain valid. They may contact the nearest FRRO/FRO through e-FRRO module for extension/ choose to do so.
- iii. Visa free travel facility granted to OCI card holders shall be kept in abeyance till April 15, 2020. This will come into effect from 1200 GMT on March 13, 2020 at the port of departure of any foreigner for onward journey to India.
- Any foreign national who intends to travel to India for compelling reasons may contact the nearest Indian Mission for fresh visa.
- v. All incoming travellers, including Indian nationals, arriving from any destination and having visited China, Italy, Iran, Republic of Korea, France, Spain and Germany on or after Feb. 15, 2020 shall be quarantined for a minimum period of 14 days. This will come into effect from 1200 GMT on March 13, 2020 at the port of departure of such travellers.

- vi. International traffic through land borders will be restricted to designated immigration Checkposts with robust medical screening facilities. These will be notified separately by Ministry of Home Affairs.
- In addition to the above visa restrictions the following travel advisory is hereby issued in accordance with instructions of Ministry of Health and Family Welfare
 - Indian nationals presently abroad are advised to avoid non-essential travel. They are hereby informed that they can be quarantined for a minimum period of 14 days on their arrival in India.
- ii. All Indian nationals are strongly advised to avoid all non-essential travel abroad. On their return they can be subjected to quarantine for a minimum period of 14 days.

Yours since

(Dinesh Adhikari)

To

Shri Anil Malik Additional Secretary/F MHA, New Delhi

Shri Lav Aggarwal
Joint Secretary,
Ministry of Health and Family Welfare
New Delhi

Shri Pankaj Agarwal Joint Secretary Cabinet Secretariat Rashtrapati Bhawan, New Delhi

Shri Adarsh Swaika Joint Secretary/CPV Ministry of External Affairs New Delhi

Shri Yogendra Tripathi Secretary Ministry of Tourism New Delhi

All Chief Secretaries of States

All Health Secretaries of States